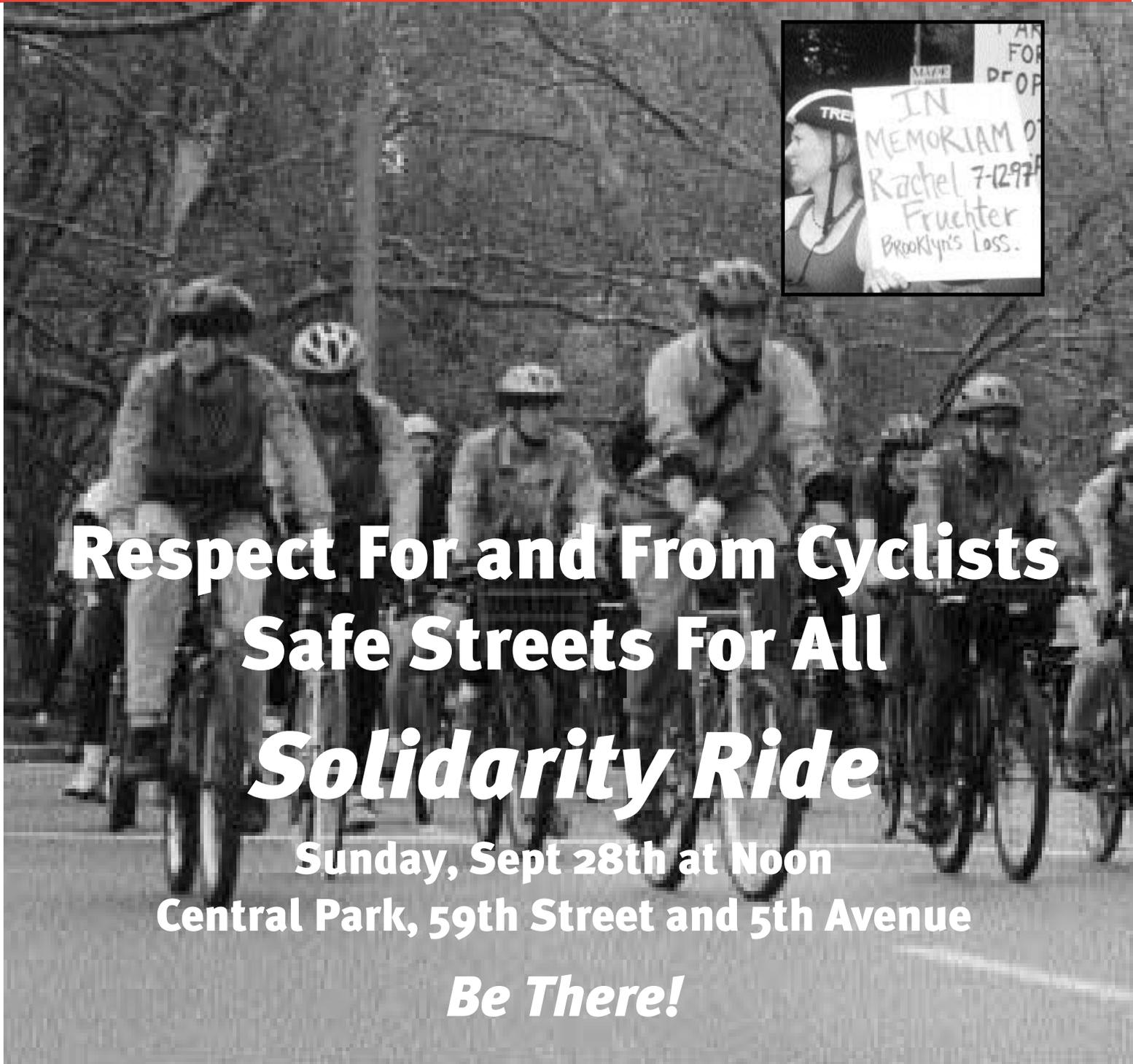


Volume 3, No. 4 September/October 1997

# TRANSPORTATION Alternatives



**Respect For and From Cyclists  
Safe Streets For All  
*Solidarity Ride***

**Sunday, Sept 28th at Noon  
Central Park, 59th Street and 5th Avenue**

***Be There!***



Ken Zirkel (2)

## Are Cyclists Their Own Worst Enemy?

New York is an exceptionally flat and dense city with a fair climate and good subway access — a potential utopia for urban cycling. But the question remains: when will cycling become a widely-accepted and highly-promoted form of transport in this traffic-clogged metropolis? When will cyclists get credit for choosing a low-impact method, whose very presence should make this city more livable?

The answer is never. At least not until we cyclists start respecting other street users all the time. Our behavior as cyclists will make or break the future of cycling in NYC.

With the agility afforded to us by our self-powered wheels, too often we let loose a surge of adrenaline and zip around obstacles — people or cars — that dampen our stride. Dismissing the soundness of mind to stop or slow down or obey traffic laws, we are often tempted by the quicker route, which may involve riding on sidewalks or going the wrong way on a one-way street. These brazen habits may shave off some travel time and enable us to keep momentum, but as a result we perpetuate the perception of cyclists as law-breaking inconsiderates who don't deserve to be on the road.

I was recently taken down by a fellow cyclist while crossing the Brooklyn Bridge.

The guy came out of nowhere, sideswiped me, and left me with three fractures in my right arm. He never even slowed down to see if I was okay. I am still sure that crazy and mean cyclists are the exception. But the reckless behavior of this jerk and those like him provides an easy excuse to those who wish to disregard and marginalize cyclists.

All cyclists, knowingly or not, are participants in a movement toward environmentally-sound transportation that can make our air more breathable, our neighborhoods quieter, and streets much safer. As we ride in the city, we empower the movement. But the movement cannot gain momentum unless we, that means you and me, ride responsibly with high regard for the safety of others. That means always, always yielding to pedestrians — even when they are wrong — staying off sidewalks, and keeping the other guy in mind.

Every one of us —recreational riders, commuters, those who ride for a living— represent the movement. Every day, every ride, short or long —New York is watching. So take on the responsibility and help legitimize cycling. Your friendliness and thoughtfulness will elevate the status of cyclists on NYC roads more effectively than years of advocacy work ever will.

*Susan Boyle* -T.A. Program Staff

<b>2</b>	Provocateur
<b>3</b>	Publisher's Letter / Calendar
<b>4</b>	Cycling News
<b>6</b>	Pressure Points
<b>7</b>	Reclaiming the Streets
<b>8</b>	Metropolitan
<b>9</b>	Auto-Free World
<b>10</b>	Recycle-A-Bicycle
<b>12</b>	Volunteer of the Month
<b>13</b>	Commuter of the Month
<b>14</b>	Bike Shops & Bikes Aboard
<b>16</b>	Joyrides
<b>17</b>	Rides
<b>18</b>	Letters
<b>19</b>	street dirt / Classifieds

### Transportation Alternatives

*published by Transportation Alternatives, a 4,000 member New York City-area citizens' group working for better bicycling, walking, public transit, and fewer cars.*

Board of Directors: Robert Kotch, president; Tom Angotti, Caren Cohen, Laurie Falk Davidowitz, Walter Hook, Richard Kassel, Brian Ketcham, Richard Muller, Jon Orcutt, Jeff Prant, Jeri Schmidt

PUBLISHER: JOHN KAEHNY

SR. EDITOR: DELPHINE TAYLOR

PRODUCTION: SHARON SOONS, CHRIS DOYLE,

KEN ZIRKEL, PAUL HARRISON

RIDES EDITOR: CATHERINE FAGAN

AD SALES: SHARON SOONS

CONTRIBUTORS: Susan Boyle, John Kaehny,

Gian-Claudia Sciarra, Sharon Soons, Ken Zirkel

Messenger services: Thunderball 212-675-1700

Transportation Alternatives

Phone: 212-629-8080 Fax: 629-8334 Infoline: 629-3311

115 W 30 St, Ste 1207, NY NY 10001-4010

e-mail: [info@transalt.org](mailto:info@transalt.org)

<http://www.transalt.org>

## September

**Thurs 4, 6:30 pm.** Brooklyn Committee meeting. Prospect Park Wollman Rink exit ramp. Call Carl Biers at 718-855-6650.

**Sun 7, all day.** NYC Century! Help us out at Central Park or other rest stops...or ride it! See back cover for details.

**Wed 17, 7 pm.** Bronx Committee Meeting. Moshulu-Montefiore Community Center, 3450 DeKalb Ave at Gun Hill Rd. Call Rich Gans at 718-653-2203.

**Mon 22, 6-8 pm.** Auto Free New York. Prof. John Pucher, Rutgers. Sustainable Transport in German Cities Call 212-475-3394 for location.

**Sun 28 Noon.** Solidarity Ride

**Sun 28, 1-5 pm.** Brooklyn Committee Picnic. Location at Prospect Park TBA. Call Carl, 718-855-6650.

## October

**Fri 17, 6:30 pm.** T.A. Magazine mailing party...labels, pizza, fun! T.A. office; call to confirm date.

**Tues 21, 7 pm.** Bronx Committee Meeting. Moshulu-Montefiore Community Center, 3450 DeKalb Ave at Gun Hill Rd. Call Rich Gans at 718-653-2203.

**Mon 27, 6 pm.** Auto Free New York Meeting. Speaker TBA. Call 212-475-3394 for location.

# CYCLING AT THE MARGIN

All and all it was a very tough summer for city cyclists. While riders observed some of the most atrocious driving behavior and pavement conditions in recent memory, the police hit us with a massive ticketing blitz. On Manhattan's Upper East Side, over 1,100 tickets were handed out to cyclists during three weeks in July. At the Queensboro Bridge, cops handed out more than a hundred tickets to cyclists riding the wrong way on 59th Street to Second Ave. Cops and their commanders seemed not to care when told there was no other way to get from the bike path to a route downtown.

As cyclists dug deep to pay \$150 tickets, it was still open season for the motorists who would kill them. On a hot Saturday in July, cyclist Rachel Fruchter was killed while trying to enjoy the sanctuary of car-free weekend hours in Prospect Park. Skid marks revealed that the motorist who killed her was speeding along in the "car-free" park at 40 mph. He was charged with having a cracked windshield and fined less than \$50.

In the midst of all this, T.A. met with the second in command of the NYPD Traffic Control Division (which happens to be located across the street from the T.A. office) to demand that the cops start doing something about the speeding and general motorized craziness harming so many New Yorkers. The officer literally shrugged his shoulders at

our complaint, adding that as an avid cyclist who had done the T.A. Century a number of times, he knew exactly what we were talking about. Indeed, he himself (the number two ranking traffic enforcement cop in the city) was afraid to ride in midtown. In the end, he explained, politics and perception drive police enforcement. It seems that bikes bug politically influential New Yorkers much more than the motorists who each year kill 250 pedestrians and hurt 14,000 of us. Ironically, maybe it is the cyclist's human face that triggers a public wrath that the raging river of cars and trucks in their gigantic destructiveness somehow transcend. Maybe the problem of noisy, death-dealing traffic is just so big and so old that it no longer registers on the public consciousness.

The focus and energy of bike advocates like T.A. has been largely on building new lanes, paths and parking for bikes. Yet, these physical improvements are probably not as important as persuading motorists and the public that bikes really do belong on the biggest bike network of them all — city streets.



John Kaehny,  
Executive Director

**Join us for Solidarity Sunday Ride..Sept. 28 at Noon**

**Meet at the Central Park entrance at 59th St. & 5th Ave. and ride with us through Manhattan.**

**Bring a lunch and join the T.A. Brooklyn Committee for a picnic in Prospect Park at ride's end.**

# CYCLING NEWS

**Summons issued by  
Manhattan Traffic Task Force,  
19th Precinct, July 1-24**

**Bicycle violations (total): ..1,168**  
**Auto violations:**  
 Speeding .....31  
 Failure to yield to peds .....6  
 Horn-honking .....13



## Cyclists To DOT: Put Bike Racks Where They Are Needed!

O.K. We have enough racks where nobody needs them. We don't need racks next to parking meters and existing street furniture suitable for locking. We do need racks where clumps of bikes are locked to trees, scaffolding, mailboxes, railings, walk/don't walk boxes and the like. How about installing racks there? Start with the following locations:

*Sixth Ave. north of 42nd Street:  
Extra-wide sidewalks would allow  
about 40 racks.*

*Broadway, 14th Street to Chambers  
Street: Bike-intense area could use  
about 60 racks.*



Jonathan Barkey

## Cops Blast Bikes with Monster Ticket Blitz

In July, the NYPD conducted a massive ticketing campaign against bicyclists running red lights and riding the wrong way. According to police sources, the crackdown was ordered by top brass after a high volume of community complaints citywide and angry letters from City Councilmembers, especially Republican Andrew Eristoff and Democrat Gifford Miller on the Upper East Side of Manhattan. In the Upper East's 19th Precinct, over 1,100 cycling tickets were handed out during a three week period in July, more than in the preceding twelve months. An excellent article in the *New York Times* (The City, Aug. 3, 1997) publicized the disproportionate police traffic enforcement after T.A. shared police data showing that cops were ignoring speeding and reckless driving. According to City and State crash data, over the last five years, an average of 428 pedestrians were injured and five killed by cars each year in the 19th Precinct.

P.S. One cop told T.A. that because of their indiscriminate nature and large numbers, most tickets would be dismissed or reduced to \$1 to \$5 by traffic judges.



Jonathan Barkey

## Harassment at QBB and Brooklyn Bridge

At the Queensboro Bridge, quota-minded cops handed out more than 200 tickets within two weeks in July to cyclists riding the wrong way from the bridge along 59th Street to Second Avenue. Unfortunately, the wrong way is the only way for cyclists to get from the bridge to Second Ave. to head downtown. T.A. received tens of complaints, which we passed on to the cops and DOT. To their credit, top officials at DOT did ask the cops to employ common sense and stop harassing the hapless QBB cyclists, which they finally did.

The cops were also busy nailing cyclists sliding through the light on Chambers Street at the base of the Brooklyn Bridge, a common method for cyclists merging with traffic. The boneheadedness of the indiscriminate police ticketing was discouraging, given the time T.A. members have spent educating top cops with letters and postcards.

**Write and Fax Chief of Patrol Wilbur Chapman, 1 Police Plaza, NY NY, 10038; Fax: 212-374-0265** and tell him to put an end to the speeding and dangerous driving that makes our streets lethal to 250 pedestrians and 20 cyclists a year. Tell him to go after the real problem instead of the small fry.

## The Good, the Bad, and the LIRR

### Good: Single Pass For LIRR/Metro North

Starting in 1998, LIRR/Metro North will combine bike permits and regulations and make permits available at both Penn Station and Grand Central Terminal. Stay tuned for more details as they develop. Write MTA President Conway to tell him what a great idea this is:

**Virgil Conway**, President, MTA, 347 Madison Avenue, NY, NY 10017

### Bad: LIRR Gives Back Bike Locker Grant

LIRR is giving back a \$175,000 ISTE grant to establish bicycle locker parking at various stations because of uncooperative municipalities who do not want to administer the program. T.A. has asked for the money to create a Bike Encouragement Campaign, which would cover bike parking, routes and promotion, at selected stations.

## City Ponders North Outer Roadway Path For Queensboro

In a sudden change, the Department of Transportation is considering a permanent bicycle and pedestrian path on the North Outer Roadway of the Queensboro Bridge instead of the South Outer Roadway. The South Roadway is the current bike/ped path, as it has been on and off since 1979. A final design for a path on the South Roadway had already been adopted and has passed lengthy landmark and other design approval. In 1995, T.A. suggested using the North Roadway because of numerous problems with current bike/ped access on the Manhattan side. Also, because the North Roadway is already under reconstruction, full-time human powered use of the bridge could be resumed as soon as 1998 or early 1999. As explained to T.A., current plans sound promising. However, given the Giuliani administration's dismal record on the Queensboro Bridge — including the shameless renegeing on years of written and verbal promises to retain unimpeded bike/ped access during construction— all bets are off until a permanent path is built.

**Tell DOT Chief Christopher Lynn that a permanent bike/ped path on the QBB is a must:  
Christopher Lynn, 40 Worth Street, NY, NY 10013.  
Fax: (212) 442-7044**



Ken Zirkel

## Push For Bike/Foot Access To Bronx/Manhattan Bridges

*Prodded by T.A. Bronx leader Richard Gans, the Department of City Planning has taken the lead in getting the MTA, City DOT and the Parks Department to create bicycle and pedestrian access on bridges linking Manhattan to the Bronx. At an August 11 meeting, City Planning Transportation head Floyd Lapp pressed agency reps to do what it takes to open the Willis Avenue Bridge, the Henry Hudson Bridge, and the High Bridge to human-powered users. Good bridge access is a key part of popularizing cycling in New York City, and City Planning's efforts are a rare example of a City agency acting aggressively to tackle key cycling issues head on. Following is where things stand:*

### **Willis Avenue Bridge**

**Owner:** NYC Department of Transportation

The crumbling Willis, which connects First Ave. in Manhattan at about 128th St. to Willis Ave in the Bronx, is undergoing a \$100 million rebuild. DOT's Bureau of Bridges has made a good start on a plan to link the bridge to the East River Esplanade and seems serious about considering the needs of human-powered users.

**Outlook:** Excellent

### **Henry Hudson Bridge**

**Owner:** MTA Bridges and Tunnels

The bridge is a crucial link in the Hudson River Greenway, and a fabulous wide path already exists on its south

side. The problem is that the path leads into an MTA maintenance yard and would need its own bridge to link directly with Inwood Park. This bike/ped ramp or bridge could be built for a few million dollars if the MTA were cooperative. Unfortunately, MTA Bridges and Tunnels officials and planning chief Bill Wheeler are doing all in their power to delay and oppose bicycle access to all of their bridges.

**Outlook:** Poor but will improve if pressure brought to bear on MTA.

### **High Bridge**

**Owner:** NYC Parks Department

The spectacular High Bridge spans the Harlem River at the tip of Manhattan and is actually a viaduct for carrying water into New York City. The path, on the very top, has been closed since the 1970's because some idiot threw a rock off of it, killing a tourist on a Circle Line boat below. It is long past time that the bridge path be reopened, but concerns about the path's condition must be resolved first. Bronx councilmember Wendell Foster has taken the lead in trying to get it reopened.

**Outlook:** Good, especially if the path is structurally sound.

**If you would like to help win access to any of these bridges contact T.A. Bronx Chapter Chair Richard Gans at (718) 653-2203.**

# PRESSURE POINTS



Ken Zirkel

## Prospect Park

### DEATH IN "CAR-FREE" SANCTUARY

Cyclists remain outraged and sick at heart over the July 12th death of noted scientist and civic figure Dr. Rachel Fruchter in Prospect Park. Dr. Fruchter was struck and killed on a Saturday on what is supposed to be a car-free stretch of Prospect Park roadway. The van driver who killed her was taking a detour to avoid traffic on Ocean Avenue and was speeding at 40 mph. He was ticketed for having a cracked windshield. Dr. Fruchter's prominence resulted in heavy media coverage of her death and renewed attention on Prospect Park. About one hundred park users and others attended a vigil organized by T.A. which called for a permanently car-free Prospect Park and a real police effort to end speeding and dangerous driving. City Park's Commissioner Henry Stern responded with a feeble and illogical statement in the *New York Times* that the "tragedy was the fault of the van driver who used the road." It "wasn't due to a lack of enforcement. The signs were up." In fact, a cycling or pedestrian death or serious injury was (and remains) inevitable given the full-time auto access to the Wollman skating rink parking lot, not to mention motorist contempt for and confusion over hours during which cars are allowed in the park.

Commissioner Stern's lame response speaks volumes about the contempt that the City has for the well being of cyclists, skaters and pedestrians using both Central and Prospect Park's drives. In a 1994 interview with Transportation Alternatives, Stern called motorists "legitimate park users" and said a car-free park "depends on local conditions. It's a community issue. (Prospect Park Administrator) Tupper Thomas is weighing the number of people using the park against the number of drivers." Stern and other park officials seem unable to understand that people driving through the park as a short-cut are not "park users." Even if they were, would it not be reasonable to ban

### Join T.A.'s Brooklyn Committee Thursday Night Group Rides

Thursdays at 6:30 PM, meet at the exit to the Wollman Rink on the park drive. Through October 16.



The July 17th vigil for Rachel Fruchter drew over one hundred park users. Attendees called for a car-free park and a crackdown by the police and district attorneys on driving crimes. Above, Charles Komanoff recalls Dr. Fruchter's many accomplishments.

a group of park users who regularly threaten and sometimes maim and kill other park users?

In August, the first two volumes of a long delayed Department of Transportation study of the traffic implications of a car-free park were issued. Unfortunately, the study misses the point. The real question is whether city parks should be places of peace and green or highways.

T.A.'s Brooklyn Committee is conducting traffic calming rides each Thursday evening to assert a cycling presence in the park. We encourage you to join them.

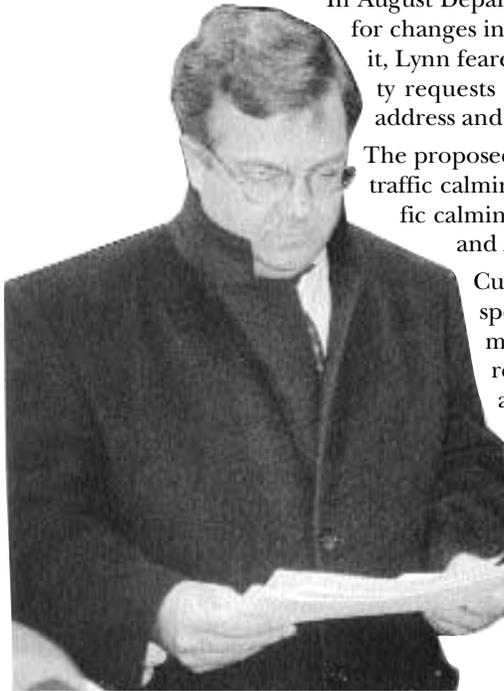
"I don't share your messianic view that the parks should be closed to cars on principle. The strength of the park is that it can accommodate many types of users."

—Parks Commissioner Henry Stern referring to Car Free hours in Prospect and Central Parks in a 1994 T.A. interview



# RECLAIMING THE STREETS

## DOT Chief Lynn Kills Traffic Calming Bill



In August Department of Transportation Commissioner Christopher Lynn scuttled support for changes in state law which would allow real traffic calming in New York City. Word has it, Lynn feared the new law would be so popular it would produce a deluge of community requests for traffic calmed slow-speed zones that would be impossible to quickly address and would result in the embarrassment of the DOT and the Mayor.

The proposed law allows NYC to set its own minimum speed limits so as to accommodate traffic calming methods. The bill was supported by the DOT's own pedestrian and traffic calming groups and had heavyweight sponsorship by State Senator Norman Levy and Assemblymember Deborah Glick.

Current State law requires cities and towns to have an absurdly high minimum speed limit of 30 mph. As a result, the City faces huge legal problems if it modifies streets so their "design" speed is less than 30. Unfortunately, most requests for traffic calming the DOT receives are for streets where traffic already averages 30 or less. In fact, most neighborhoods want cars slowed to 15-20 miles an hour to reduce noise and improve safety.

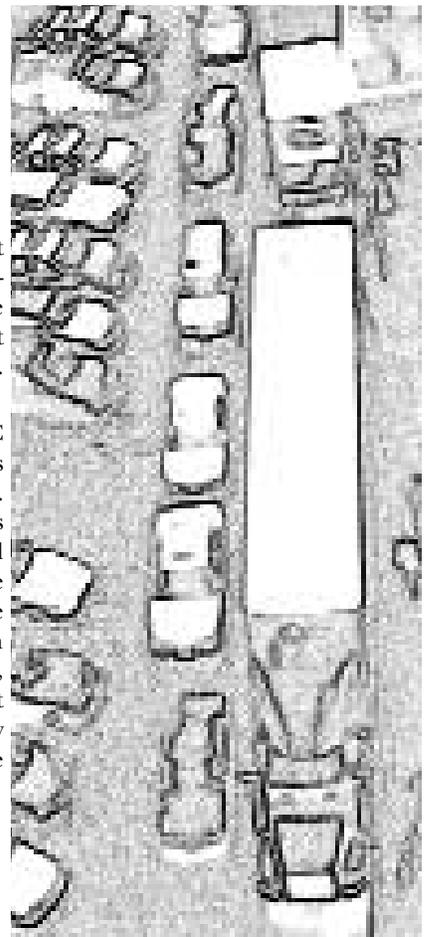
Lynn prides himself on his "can-do" attitude and pragmatism. He should either aggressively support this bill in the next legislative session, or save some tax money by firing the DOT traffic calming staff. Without the passage of this law, most of their work is irrelevant.

## Monster Trucks Crushing NYC

Cyclists notice their mammoth presence and the twisted and shattered asphalt in their wake. Residents feel their vibration, and see cracks in walls and ceilings. Tax payers suffer billion dollar losses as highways like the Gowanus are pulverized and bridges like the Manhattan and Williamsburg devastated. Transit riders lose out as structural repairs to tunnels suck up scarce construction dollars. It is the invasion of the oversize trucks and it is only getting worse.

These giant suckers are literally destroying the City in front of us. Though NYC law sets the maximum truck size at 55 feet, T.A. members have spotted hundreds of grossly oversize trucks in all five boroughs. And it is not just interstate traffic. Local retailers like D'Agostino's, Sloans, and Rite Aid are bringing oversize trucks into the City everyday. The consequences are very serious. In April, cyclist Jill Solomon was killed by an oversize truck near the Queensboro Bridge. Not only are the trucks dangerous, but one 80,000-pound truck does about 5,000 times the pavement damage as a car. Unfortunately, the Giuliani administration has chosen to ignore the problem. Fewer than ten traffic officers enforce truck rules citywide, and all of them are on Canal and Broome Streets in lower Manhattan. Given that 90% of freight enters NYC by truck this problem is not going away and the City needs to get serious about enforcing truck laws now and begin a concerted move to more sustainable rail freight.

67-foot truck parked directly across from the NYPD Traffic Control Division on 30th Street. TCD is the unit charged with enforcing NYC truck weight and 55-foot maximum length laws.



# METROPOLITAN

from *Mobilizing the Region*

## LONG ISLAND

### Giuliani Can Still Put Brakes on Queens HOV

A setback in the fight against highway expansion, the NY State Supreme court ruled in favor of the State DOT, supporting its right to build HOV lanes on the Long Island Expressway in Queens. The plaintiffs, State Senator Frank Padovan and Queens Borough President Claire Shulman, whose constituents have been staunchly against a widened LIE, may appeal the decision. Justice Arthur Price said he could only rule on whether the DOT had taken a “hard look” at environmental issues and alternatives to widening the highway, and not on whether or not it was right appropriate to build HOV lanes.

Mayor Giuliani, also a plaintiff in the suit against the project, could stop the project dead by vetoing its inclusion in the Transportation Improvement Program, the list of proposed regional projects funded with federal, state and local dollars.

## WESTCHESTER

### Republican Slams Westchester HOV

Ted Dunn, Republican candidate for Westchester County Executive, issued a press release in early August proclaiming, “HOV is wrong for Westchester.” The release said the road project is bad for the environment and would not solve I-287 ‘s traffic problems. Dunn’s stand came as welcome news to The Federated Conservationists of Westchester, the Sierra Club, the Environmental Defense Fund and Scenic Hudson, all of whom have been fighting the proposed HOV lane for five years. Since Dunn’s announcement, his Democratic challenger has also voiced his opposition to the project, along with Westchester Co. Planning Board members, the White Plains Common Council and the Mayor of White Plains.

## NEW JERSEY

### Trenton Citizens Revolt Against Waterfront Highway

A South Trenton resident’s organization, with support from the Tri-State Transportation Campaign, NJPIRG Citizen’s Lobby, and other environmental groups, has filed a lawsuit challenging NJDOT’s plan to construct a highway (Route 29) along 1.7 miles of Trenton’s Delaware River waterfront. The DOT has avoided conducting a Major Investment Study (MIS) for the route, which would cut off access to the only remaining segment of waterfront available for recreation.

## IN THE SUBWAYS

### \$15 Million Back Where it Belongs

Restoring cutbacks made in 1995, the MTA capital program agreed upon in July will return \$15 million to transit. The money, originally earmarked for improvements in service and maintenance, may also go to other subway and bus problems found by transit advocates in and out of government. Transit Workers Union Local 100, whose members had jobs at stake, fought hard to get back funding. Governor Pataki may have been eager to demonstrate his support for transit after being chastised in the press for trying to take credit for the free bus-subway transfers now in place.

## CONNECTICUT

### Cops Launch Giant Bad Driver Crack Down

According to recent propaganda in the *New York Times*, Connecticut State Police are employing dozens of unmarked cars in groups to catch hundreds of speeders and aggressive drivers on a given day. The cars are not identifiable as police vehicles and their widespread use is intended to make motorists unsure of where the police are. It will be interesting to see if the strategy works and is lasting.



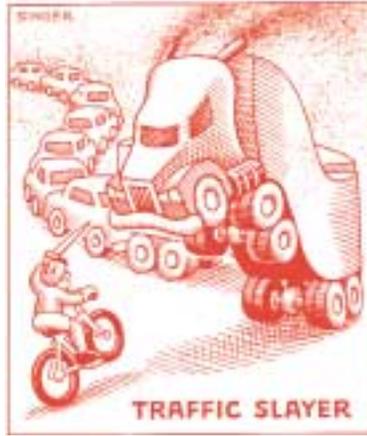
# UTO-FREE WORLD



## Monkeys or Monkey-wrenchers?

Three teens from Woodside, Queens were arrested in July for busting through the roof of a car dealership and trashing a half-million dollars' worth of new Jeeps and Mazdas. According to police, the perps broke into an auto storage warehouse and turned it into a demolition derby, smashing lights, doors and fenders on about one hundred new cars. Finding keys in the ignitions, the joyriders managed to do a bang-up job of curbing auto-mania.

— *Western Queens Tribune*



## Good Nuess

Motorists who invest in mass transit get a discount in their car insurance in Germany. The Rheinland insurance company in Nuess will cut premiums by 20% for anyone who buys an annual pass for trains or buses. "Most accidents occur during rush hour," said a company spokesperson. "Those who travel by public transport cause less crash costs."

— *London Cyclist*

## Century-Plus Cyclist

The world's oldest person, Jeanne Calment, of Arles, France, died on August 4 at age 122. She attributed her many healthy years to eating more than two pounds of chocolate per week, treating her skin with olive oil, and riding her bicycle, which she managed to do regularly up until her 100th birthday. Ms. Calment, who long outlived her husband, daughter and even her grandson, chose to celebrate her centennial on foot, walking through the streets of Arles to greet neighbors and well-wishers.

— *New York Times*

## Britain's Cities Boom

More and more Brits are packing up from the traffic-clogged and inconvenient suburbs and are heading Downtown, where the living seems to be getting easier. This urban revival, found in London, Manchester, Newcastle and other major cities, may be due in part to the appeal of a car-independent life. In Manchester, new pedestrian shopping malls, expanded green space, and new housing has replaced the rubble from an IRA bombing. In London, where for security reasons cars are all but banned in the one-mile-square City, politicians, shopkeepers and residents hail the improvement in life and want the car-cutting extended. Despite fears otherwise, in the City of London,

where bus travel times have been cut by 70%, car collisions reduced by a third, and car trips cut by 25%, traffic crowding in neighboring boroughs has not occurred.

— *The Economist*

## So, What's New??

The nation's first stretch of automated highway opened to yawns in California this July. "You can just sit back and let your mind wander," said Jim Rillings of the National Automated Highway System Consortium of the computer-operated vehicles. "It's really exciting for about the first 15 seconds, then it gets really dull," he said. Magnets in the asphalt on both sides on the lanes help keep the magnetized cars on the road,

intended to reduce car crashes and air pollution. As if not paying attention were something new in American driving!

— *New York Times*

## Cycling the Globe

In August 1998, 500 cyclists representing every nation in the world will kick off the Great Millenium Peace Ride from Vancouver, British Columbia. Planning to pedal 25,000 miles through 70 countries and five continents, Peace Riders hope to raise awareness for global harmony. With UNESCO, the Paris-based youth and sports division of the United Nations, the Millenium cyclists will visit thousands of schools in their mission to promote peace worldwide. The ride will finish in Sydney, Australia on December 31, 1999. Be there. For more info, check out the web site at [www.holistic.com.au./gmpr/](http://www.holistic.com.au./gmpr/).

— *Bicycling Magazine*

## S.F. Mayor Vows to Roast Little Weenies

More than one hundred peace-minded cyclists found themselves in handcuffs after joining San Francisco's largest Critical Mass ride ever on July 25. Mayor Willie Brown, who had previously described the ride as a mob scene carried out by "lawless, insurrectionist types," threatened to keep the bicycles of those arrested and vowed to make those arrested spend time in jail. With no legal leg to stand on, he had no other recourse than to rant and rave, calling the 5,000 participants "little weenies." Cycling advocates have found some sunshine in the mayoral maelstrom. "I'm sort of seeing it as the birth of yet another social movement," says Niko Letunic, San Francisco Bicycle Coalition president. "An alternative transportation movement."

— *Tubular Times*, San Francisco Bicycle Coalition.



Bronx Borough President Fernando Ferrer  
 Transportation Alternatives Bronx Chapter  
 Bronx Council on Environmental Quality

INVITE YOU TO JOIN US FOR THE 3RD  
 ANNUAL BRONX GREENWAY RIDE

# Tour de Bronx

Date: Sunday, October 5, 1996

Time: 11:00AM

Start: Botanical Gardens Metro-North Station

End: Joyce Kilmer Park, with live music

Length: About 25 miles

SHOW YOUR SUPPORT FOR IMPLEMENTING THE BRONX GREENWAY!  
 HAVE FUN, NO CHARGE!

For More Information, Contact Rich Gans, T.A. Bronx Chapter, 718-653-2203 or  
 Sam Goodman, Bronx Borough President's Office, 718-590-3881

introducing the  
**Swift folder**  
 a practical urban, utility, and travel bike

Folds in 10 seconds, can't unfold or roll

Design Mobility, Inc.  
 718-675-3090

pat. pending

## Chiropractic Wellness & Injury Care

**Specializing in:**

- Lumbar Disc Management
- Neck Whiplash Management
- Scoliosis Management
- Sciatica & Nerve Numbness

**Treating Sports Injuries:**

- Alvin Ailey, Lincoln, Cunningham Dance Company Dancers
- New York City Bicycle Racing Team Trainers
- NFL, NBA, Tennis, & Injury Rehabilitation

**EXCEL Chiropractic**  
 Dr. David Torres, D.C.  
 Chiropractor

**Dr. Francisco** M.D., Physical Therapy  
 Massage, Podiatry  
 Blood Work, X-Ray

825 Seventh Ave (53rd St.) 1(800) 57-EXCEL

- Most Insurance & Selected Networks Accepted
- 30% - 60% Discount for the Uninsured
- Workers Comp & Auto Injury Cases Accepted

# BIKES INTO AFRICA

T.A. is collecting your unwanted bicycles for Bikes for Africa, a program sponsored by the Institute for Transportation and Development Policy. Bicycle drop-off sites are located at the Recycle-A-Bicycle (RAB) shops. Storage is donated by the Queens' based community organization, Astoria Residents Reclaiming Our World. Once the bicycles are collected, youth participants of Recycle-A-Bicycle "flatten" them for shipping (remove pedals and turn handlebars). Ten young people from the Variety Boys and Girls Club of Queens, Inc. are earning a bike for processing up to 350 bicycles. Shipping will be donated by the Pentagon's Office of Humanitarian and Refugee Affairs and the bicycles will be given to the Afrika Cultural Centre, based in Johannesburg - South Africa. The goal is to inaugurate the first international Recycle-A-Bicycle project in which disadvantaged youth will benefit from the environmental education and job training offered through the program.



**WANT TO HELP? CONTACT KAREN AT (212) 260-7055 BETWEEN 1 AND 7PM.**

## Recycle-A-Bicycle

### -How To Help-

Volunteer time working with youth (basic bike mechanic skills required), or make a donation of bikes, parts, tools, and helmets. We use, re-use, and recycle everything. T.A. cannot pick up donations unless you've got fifteen or more bikes. Otherwise, just drop off your bikes or other donations at one of the RAB sites below—be sure to call ahead.

R-A-B Main # 212-629-8323

#### Manhattan:

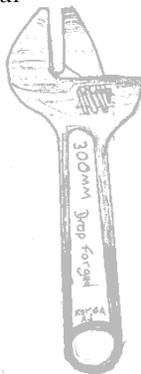
**I.S. 218** - 4600 Broadway (196th Street)  
Contact: Ray Godwin, 212-569-2880 ext. 23

#### Henry Street Settlement at Charas, Inc.

605 E 9th Street (Avenue B)  
Contact: Seth Rosko, 212-260-7055

#### Brooklyn:

**Grand Street Campus**, Williamsburg  
Corner of Bushwick Avenue and Grand Street  
Contact: Ira Perelson, 718-789-1813



### -How To Buy A Bike-

Saturdays 10 am to 2 pm at Charas & Grand Street Campus

## Imagine . . .

**Cycling Manhattan's Streets & Highways, & Going THROUGH the Lincoln Tunnel TRAFFIC FREE!**

- Three fabulous routes: 10, 50 or 100 miles, starting at the World Trade Center in downtown Manhattan.
- Cyclists of all ages & levels of skill are welcome!
- Ride at your own pace: THIS IS NOT A RACE!
- The money raised benefits the New York City Chapter of the National Multiple Sclerosis Society.



**MS BIKE TOUR**  
Sunday, September 28, 1997

Highlights include cycling the:

- Lincoln Tunnel
- Harlem River Drive
- George Washington Bridge
- FDR Drive
- West Side Highway
- New Jersey Palisades

Visit our website & register on-line:  
[www.msbt.org](http://www.msbt.org)

**NATIONAL MULTIPLE SCLEROSIS SOCIETY**  
New York City Chapter

FOR MORE INFORMATION CONTACT THE MS SOCIETY:  
Call (212) 462-1791 or Fax (212) 959-3012 ; (212) 213-8314

# VOLUNTEER OF THE MONTH



Jonathan Berkeley

## Ken Zirkel

**Occupation:** Graphic Designer

**Neighborhood:** Park Slope, Brooklyn

**T.A. Member Since:** 1994

**Why Joined:** T.A. is directly involved in making NY a better place to live. What better goal is there?

**Volunteer Activity:** I'm the unofficial T.A. Photographer. I co-ordinate much of the photography for the newsletter, whether it's shooting events, giving out assignments to others, or trying to tame the photo files in the T.A. office.

**Philosophy:** I'd encourage other professionals to think about donating their services, whether they are photographers, illustrators or even lawyers. If members don't have extra time to give, maybe they would consider donating equipment. We currently need a film scanner, as well as a large size monitor for the MAC we use to produce this magazine. Another 486 or Pentium PC would also be a boon to T.A. membership database maintenance.

**Hours per week:** It varies a lot depending on how active things are — right now T.A. is hot and I could really use some help with shooting events such as the upcoming NYC Century Bike Tour. I could also use a hand with photo filing and labeling. And if anyone has a darkroom and can do some B & W printing for us, there's a backlog of that too. We always need illustrators who can do good line art too! Maybe someone would like to start a comic strip for the T.A. magazine...?

**Upcoming Projects:** I'm designing a t-shirt to raise money for the T.A. Brooklyn Committee's Car-Free Prospect Park Campaign. For a project like that to work, we rely on a lot of professional goodwill. Hopefully, by the time you read this we will be nearing production.

## Good Luck to T.A Summer Intern Kenneth Taylor

T.A. was lucky to count Kenneth as a summer staffer. Kenneth tackled many a mailing, helped us get the word out about the Century, downloaded garbled PC-phone messages, and began learning touch typing..not to mention tolerating a daily "What's the frequency?" inquiry from big boss Kaehny. We wish Kenneth a great year as he heads back to JHS 22 in Manhattan for 9th grade.

Thoughts from K.T.: *I thought T.A. was a good place to work at. I gained so much knowledge in so little time and they worked with me instead of me working for them...I must leave but will try to come back next summer.*





Open 7 Days  
Prompt Service  
Expert Repairs

A New Gen  
bicycles

We've Flat  
Curseless On  
The Map!

123 5th Avenue, New York, New York 10018, Between 54th & 55th St.

(212) 757-2418, 757-2419, 757-2195 (fax)

### CYCLING ACCIDENT CLAIMS

**Legal Counsel, Representation and Litigation**

Twenty years of cycling experience has made me a primary source of the litigation caused by road accidents.

My office represents fellow cyclists who have been injured by careless motorists... There is no charge in attorney fees until you are right in any situation about your own injuries or damage. A fee is charged when representation is obtained from the motorist's insurance company.

For further information and complimentary consultation contact:

**Stephen L. Shamba, Esq.**  
(212) 629-8910

## NEW YORK'S ONLY AMATEUR SPORTS PUBLICATION

# METRO SPORTS

## MAGAZINE

Includes event listings, news, sports and fitness information. Pick up at health clubs and sports retailers citywide. ..or find it in special boxes on Madison Ave. in Midtown.

**GOT CABLE?**  
**WATCH THE BIKE SHOW!**

FALL SCHEDULE

<p>CHANNEL 34</p> <p>SEPT. 8</p> <p>OCT. 13</p> <p>NOV. 10</p> <p>DEC. 8</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg); font-size: small;">MON. 9PM</p>	<p>CHANNEL 17</p> <p>SEPT. 10</p> <p>OCT. 8</p> <p>NOV. 12</p> <p>DEC. 10</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg); font-size: small;">WED. 10PM</p>
--	--



BY: G.C. SCIARA

## Hilda Perez

**Occupation:** Purchaser

**TA Member since:** 12/96

**Bike Commuting since:** 1995

**Why did you start?** Financial reasons. I had a lot of bills at the time. Now, it's great to get exercise and to get somewhere

under your own power. And, now I'm on time for work more now than when I rode the subway.

**What is your commute?** From near Pratt Institute down DeKalb to Flatbush to the Brooklyn Bridge and then up Centre St. to SoHo.

**Bike:** Specialized mountain bike accessorized with a rear rack, 2 rear panniers, mirrors, bells and fenders.

**Parking:** I park inside at work, though it takes a while to bring the bike to the sub-basement.

**Obstacles conquered:** Car doors opening and cabs stopping ahead of you.

**Equipment:** I use my bell a LOT. I also carry a spare tube, patch kit and tiny first aid kit.

**Weather experiences?** I survived an ice storm a couple of years ago. The bridge iced up terribly, and I was turning but the wheels were just spinning. I fell over. It was so slick I couldn't walk either, so I took my shoes off and walked in my socks to keep my balance.

**Memorable ride:** I did T.A.'s NYC Century once. I rode 120 miles total that day. It was great, though I didn't realize my neck would hurt so much.

**Riding style:** I don't ride too easy or too hard; I keep a steady pace.

**Memorable quotes:** When my bike was all loaded down in winter, a cabby pulled up and remarked, "YOU are well equipped."

**Frustrations:** I never cuss at all, well, maybe once at my sister a long time ago. Returning from a ride in Central Park one evening, I was turning a corner when a driver told me to move over and then yelled at me at the light. I said, "I have a right to be in the road." At the next light, I called him an ass.

**Seasons / weather:** I ride in all weather except heavy snow or when it's really cold.

# COMMUTER OF THE MONTH



Hey!

Thanks to Conrads for their extra-generous contribution to the T.A. auction. Visit them at 25 Tudor City Pl. 212-697-6966



**Relaxing Revitalizing FOOT REFLEXOLOGY**

*Trial session: 20 minutes/\$20  
Bike messenger discount!  
Gift Certificates!*

**Beverly Post  
Certified Reflexologist  
57th Street and Broadway  
212-252-3548**

**All Aboard the BIKE TRAIN!**



**ESCAPE THE BIKE-TRAIN**  
*No Permit Needed!*  
Scenic routes. Cycle your pace.  
Van gives a lift if you tire.  
All abilities welcome. Friendly leaders. Rentals. 1-6 days.  
**All aboard to exciting paradises:**  
Princeton    Stony Brook  
Hyde Park    Bear Mountain  
Maine, Virginia, & others  
Free brochure call:  
718 817 1586

## The best folding kayaks go anywhere. Even to your mailbox.

We're the folding boat specialists featuring Feathercraft and Nautiraid, providing knowledgeable service and competitive prices. And we ship anywhere. In NY? Call for demonstration hours. Or take a class from BCU Instructors like Derek Hutchinson, Nigel Foster or Linda Legg. Check out our selection of accessories, books, videos, as well as hard shells from Betsie Bay, Dagger and SEDA. Visit our website, call for catalogue, or write us at: P.O. Box 2011, NY, NY 10113-2011.

### NEW YORK KAYAK COMPANY

1-800-KAYAK99 <http://www.nykayak.com>

Authorized Dealer: Feathercraft Nautiraid Folbot Dagger Betsie Bay SEDA



# Bike Shop Directory

Transportation Alternatives members receive discounts at the following metro area bike stores. Letters following store names indicate which items are discounted. Be sure to bring your T.A. membership card.

**A: Accessories**  
**B: Bicycles**  
**C: Clothing**  
**P: Parts**  
**R: Repairs**  
**S: Skates**  
**\*: No Sale Items**

## MANHATTAN

A Bicycle Shop 10% *ARCP* 349 W 14 St  
 ANewGen Bikes \*10%*ABCR* 832 9 Av  
 Bike & Exercise 10% *ACPS* 242 E 79 St  
 Bicycle Habitat 8 1/4%*ACR* 244 Lafayette  
 Bicycle Renaissance 8% *ARCP* 430 Columbus  
 Canal St Metro 10%*ACPRS* 417 Canal  
 C 'n C Bicycle Works 8%*ABCPRS* 1101 1 Av  
 Conrad's Bike Shop 8%*ACRP* 25 Tudor City Pl  
 Different Spokes 8%*ACP* 240 7 Av  
 Emey's Bike Shop 10%*ABS* 141 E 17 St  
 Frank's Bike Shop 10%*APR* 553 Grand St  
 Gotham Bike Shop 10%*ACPR* 116 W Broadway  
 Larry & Jeff's 8 1/4% *ACPR* 1690 2nd Av  
 Metro Bicycle Store 10%*ACPRS* 1311 Lexngtn Av  
 14 St Metro Bikes 10%*ACPRS* 332 E. 14 St  
 Midtown Bicycle 10%*ACPR* 360 W 47 St  
 96 St Metro Bikes 10%*ACPRS* 231 W 96 St  
 Precision Bicycle 10%*ABCPR* 143 W 20 St  
 Sid's Bike Shop 8%*ABCPR*\* 235 E. 34 St  
 Sixth Ave Bicycles 10%*ACPRS* 546 6 Av  
 Toga Bike Shop 10%*ACPR* 110 West End Av  
 Victor's Bike Repair 8%*ABR* 4125 Broadway  
 Village Wheels \*10%*ABCPRS* 63 E 8 St

## BROOKLYN

Ace Cycles 10% *ABCPR* 1116 Coreteyou Rd  
 Arnold's Bicycles 10%*ACPR* 4220 8thAv  
 Bay Ridge Bike 10%*ACPRS* 8916 3Av

Bicycle Land 10%*ACR* 424 Coney Island Av  
 Bike Shop, The 10%*ACPR* 240 Smith St  
 Brooklyn Bike 10%*ABCPR* 715 Coney Island Av  
 Brooklyn Heights Bike 10%*ACPR* 278 Atlantic Av  
 Cycle Sport Center 10%*ACPRS* 8232 18 Av  
 Dixon's 8% \**ABCPR* 792 Union St.  
 Dyker Bike Store 8 %*ACPRS* 1412 86 St  
 Ferrara Cycle 8 %*ABCPRS* 6304 20 Av  
 Larry's Cycle Shop 5%*ABCPRS* 1854 Flatbush Av  
 Open Road Cycles 10%*ACPR* 256 Flatbush Av  
 On The Move 10%*ACPS* 400 7 Av  
 P & H Bike 10%*ABCPRS* 1819 Coney Island Av  
 R&A Bicycles 10%*ACPS* 105 5 Av  
 Roy's Sheephead 15%*ACP* 2679 Coney Island Av  
 Sizzling Bicycles 8%*ABCPS* 3100 Ocean Pkwy

## STATEN ISLAND

Bicycle Medic 10% *BSACP* 796 Castleton Av

## QUEENS

Astoria Bicycle 8%*ABCPR* 35-01 23 Av  
 Bellitte Bicycle 10%*ABCPR*\* 169-20 Jamaica Av  
 Bicycle Barn 8%*R* 111-51 157th St. & 107 34 Springfield Blvd.  
 Bill's Cycles 10% 63-24 Roosevelt Av  
 Bill's Ozone Park 10%*ABP* 108th St & Liberty  
 Bike Stop 8%*ACPRS* 37-19 28 Av  
 Buddy's 10%*ACPR* 79-30 Parsons Blvd  
 Cigi Bicycle Shop 10%*C* 42-20 111 St  
 Cigi II 10%*C* 91-07 37 Av  
 Grand Bicycle Center 10%*BR* 70-13 Grand Av

Gray's Bicycles 8%*ABCPR* 82-34 Lefferts Blvd  
 Queens Discount Bike 10%*ACPR* 92-64 Queens Blvd

## BRONX

Bronx One-Stop 10%*ABCPRS* 571 Courtland Av  
 Eddie's Cycle 5%*A* 10%*P* 2035 Grand Concourse  
 Sid's Bike Shop 8%*ACPRS* 215 W 230 St  
 Westchester Bike 10%*ABCPRS* 2611 Westchester

## LONG ISLAND

Woodmere Cycle 10 %*ACPS* 1065-67 Broadway  
 Valley Stream Bike 10%*ACPR* 95 E. Merrick Rd

## WESTCHESTER

Pelham Bicycle Center 15%*APC* 109 Wolfs Ln.

## NEW JERSEY

Academy 10%*ABCPS* (Palisades Park) 54 Grand Av  
 Amber Cyclery 10%*ACPR* (Teaneck) 764 Palisade Av  
 Bikemasters 10%*ABCPR* (Engelwood) 11 Bennett Rd  
 Bike Shop 10%*ACP* (Saddlebrook) 108 Rt 46  
 Bikeworks 10%\**ACP* (Rochelle Park) 383 Rochelle Av  
 Clifton Speed 10%*ABCPRS* (Clifton) 1074 Main Av  
 Cranford Bike 10%\**ABCPRS* (Cranford) 103 N Union  
 Cycle Infirmary 8%*AC* (Clifton) 754 Van Houton Av  
 Four Sons 10%*ABCPR* (Wayne) 1154 Hamburg Tpke  
 Highland Park Cyclery 10 %*ACP* 337 Raritan Av  
 Marty Reliable 10%*ACP* (Morristown) 173 Speedwell  
 RG's Bicycle 10 %*CP* (Bayonne) 890 Bway  
 Rte 15 Bike 10%*ABCPRS* (L. Hopatcong) State Hwy 15

## Attention Messengers:



Accident?  
 2-wheels → No Insurance  
 4-wheels → Yes Insurance

**GUILLELMO A. GLEIZER**

*Biker's Lawyer*

501 5th Ave, Suite 1408  
 New York, NY 10010

212-979-8292  
 718-429-3411

BREAKAWAY COURIER SYSTEMS, INC.

CLEAN AIR

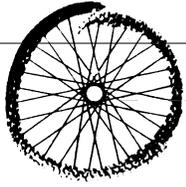


QUIET STREETS

212 219 8500

t i m b u k 2  
 s u b s e p

bikemessengerbagsroquetestedworldwide1.888.timbuk2



*Many local transit companies offer bike access. Always call ahead, and always be courteous.*

### Trains

**NYC Subway**—Bikes permitted at all times; be considerate.

**Amtrak**—800-872-7245; bicycles travel only in baggage cars and not every train has a baggage car. Not all lines offer baggage service. If the train you want doesn't have baggage service, put the bike on an earlier train with baggage service and pick it up when you arrive. Bicycles must be boxed, \$5 fee each way. Roll-on service (no box needed) at most stops on "Vermont" trains between Washington, DC & St. Albans, VT—call for reservations.

**Metro-North**—212-532-4900; need permit, call or pick one up at Grand Central. \$5 one-time fee. No bikes during rush hours (call for times for your station) and on the following: New Year's Eve and Day, Mothers Day, Saint Patrick's Day, Rosh Hashana Eve, Yom Kippur Eve, Thanksgiving Eve and Day, Christmas Eve and Day. Bikes permitted at all times on weekends.

**PATH**—800-234-PATH/201-216-6247; need permit, call for application. No bikes 6am - 9:30am, and 3pm - 6:30pm weekdays and 1pm - 7pm Saturdays. No restrictions Sundays and Holidays.

**SEPTA** (Philadelphia)—215-580-7800; Bikes permitted on regional rail, Norristown, Market-Frankford, Broad St. lines. Off peak travel only (check schedule)

**Long Island Rail Road**—718-558-8228 or www.mta.nyc.ny.us; need permit; get mail-in application at any station, \$5 one time fee. Same restrictions as Metro-North, except no bikes on some weekend trains—see back of permit.

**New Jersey Transit**—201-491-9400; need permit for train, no bikes on buses. Bikes allowed on the following lines: North Jersey Coast, Raritan Valley, Man/Bergen, Port Jervis, Northeast Corridor. Permit is free at Penn Station, at Track 10 in Hoboken, or by phone. Collapsible bikes always permitted. No regular bikes during am rush hours to NY and pm rush hours to NJ. No bikes on holidays, same days as Metro-North. Bring two bungee cords to secure bike.

### Buses

**Short Line**—800-631-8405; Hudson River Valley. No fee, but now requires bikes to be in canvas bag or box.

# Bikes Aboard

**Adirondack/Pine Hill Trailways**—800-858-8555; serves the Adirondacks. No fee, travels in luggage bay if space available, must be boxed or bagged (supply your own) and cannot exceed 8"x32"x60". No guarantee that a connection carrier will accept it.

**Red & Tan Lines**—No bikes.

**Peter Pan**—800-343-9999; No fee, travels in luggage bay, take off front wheel.

**Miami Express**—212-781-7954; serves Jacksonville, Orlando, Miami. Collapsible or boxed bikes only, \$0.50 per pound.

**Martz Trailways**—800-233-8604; serves Philadelphia, Poconos. No fee, but provide your own box.

**Liberty Lines**—No bikes.

**Hampton Jitney**—800-936-0440; serves the Hamptons. \$10 per bicycle, travels in luggage bay.

**Greyhound**—800-231-2222; national service. Must provide your own box, travels in the luggage bay. All connections accept the bike boxed. \$10 each way fee, regardless of connections.

**Academy**—212-971-9054, 212-962-1122; serves Jersey Shore. No charge, travels in luggage bay.

**Bonanza**—212-947-1766; national \$3 per bicycle, travels in luggage bay.

**Trailways**—800-858-8555; no fee, must provide your own box or bag.

**Carey Transport**—No bikes.

**Sunrise Coach Lines**—516-477-1200; \$10 per bike, travels in luggage bay.

### Ferries

**New York Waterways**—800-533-3779; Bikes OK always, \$1 fee, limit 2 bikes per boat on most runs. No bikes allowed between Port Imperial-Weehawken and Wall Street.

**Express Navigation**—800-262-8743; \$3 fee: Pier 11: Manhattan to Highlands, NJ; Atlantic Highland, NJ; and Bay Ridge Brooklyn.

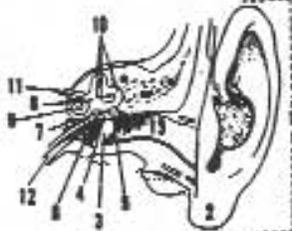
**Staten Island Ferry**—718-815-BOAT; no extra charge, enter on Lower Level.

**Fire Island Ferries**—516-665-3600; no bikes on ferries, must be sent over on infrequent cargo boat.

**New York Fast Ferry**—800-NYF-NYFF; Bikes OK always, no fee.

**Harbor Shuttle**—888-254-RIDE; Bikes OK always, no fee.

**NY Water Taxi**—212-681-8111; no bikes allowed.



**WE'VE BEEN LISTENING**

2. Because you are unique, we are flexible, offering services tailored to suit your individual needs. 5. Our custom fit services have helped hundreds of cyclists modify their bikes to accommodate their cycling styles, growths and potentials. You should be so comfortable! 9. Always the finest maintenance and repairs; custom builds, wheels and suspension tweaking *The Basic - The Tweak - The Royal Treatment*. 12. At your command: Great new bikes from Brooklyn and the World Starting at \$549. Just ask - we're listening!

**Haven't you heard?**

**ROCK & ROAD**  
HIGH CONCEPT CYCLING

1304 Eighth Avenue @ 13 Street, Brooklyn 718.499.2514  
summer hours: Mon.-Sat. 12-8, Sun. 12-6

**CYCLING ACCIDENT CASES**

**All Personal Injury and Accidents**

**Trial Attorney/Cyclist**

**Protecting the Rights of Injured Cyclists**

**Law offices of Robert S. Fader**

**1-800-796-5857**

# JOYRIDE #20

BY DANNY LIEBERMAN

## The 30 mile River Route to Riverdale

It includes long stretches of park on the West side of Manhattan, one of the most scenic bridges in town, and some fine countryside in the Bronx.



### Start and End at the Plaza Hotel, 5th Ave & 59th St.

Take the Central Park loop road (East Drive) up to the North end L - Central Park North, becomes Cathedral Parkway - take this all the way West.

R - Riverside Dr, drop down the hill on the right adjacent to Grant's Tomb. You're now on 12th Ave, under the Riverside viaduct. Take 12th Ave until it ends, then take the Marginal St on the left, continuing North along the edge of the North River plant.

L - into the park at the end of the plant. Follow the park path. Turn right at the stone gates. Continue past the end of the park, take the next Marginal St to Ft Washington Park, take that path past the tennis courts (on right) and the little red lighthouse (on left). At the North end the path becomes very steep, but follow the loop up to the parkway, and take the sidewalk along the northbound Parkway to the wooden stairs.

Cross - wooden stairs and walk one block south to Plaza Lafayette - W 181st St

L - West 181st St - couple blocks

L - Cabrini Blvd - take this street until it ends at the traffic circle by Fort Tryon Park

R - Margaret Corbin Drive - road thru Fort Tryon, use right side, take as far as the Cloisters Museum. You're now at the top of a steep hill and need to get to the bottom. On your right will be a path down, start by going to the left. Ride slowly, and exit at corner of Payson Ave and Riverside Dr.

L - Riverside Dr - 3 blocks

R - Staff St - 1 block

L - Dyckman St

R - enter Inwood Hill Park, follow the path as far as the

metal stairs Cross - metal stairs over Amtrak tracks, continue on the path north R - take the second right off the main path, it's a very steep climb up, best to walk up this hill to the parkway. You'll be at the Henry Hudson Bridge toll plaza. The bridge sidewalk is right there, just go across and admire the view. L - exit the sidewalk onto HHP West

L - take a sharp left turn onto Kappock St, pass under the parkway

L - immediately turn around, and follow Kappock St the other way as it goes into HHP East. Stay on Henry Hudson East until W 246th St

R - W 246th

L - Fieldston Rd

L - W 259th St

L - Riverdale Ave, the strip mall here is a good place to stop for provisions,

R - W 254th St

L - Independence Ave

L - W 249th St, by the entrance to Wave Hill

R - Henry Hudson West Service Rd

R - W 246th St

L - Palisade Ave, follow the loop around Spuyten Duyvil and under the HH Bridge

Ahead - Johnson Ave, bear to the right, downhill

R - W 230th St

R - Broadway, cross Broadway bridge back to Manhattan

L - W 181st St

R - St Nicholas Ave, use bike lane below W 168th St

R - Powell Blvd, follow bike lane back to Central Park

R - West Drive back to the Plaza

### CNC Bicycle Works



**BLOWOUT SALE 10-15% OFF  
EVERY ITEM IN STOCK ON SALE**

1101 First Avenue (Between 60th and 61st Streets)  
Mon.-Fri. 9:30 - 6:30 Tel: 212-230-1919  
Sat.-Sun. 10:00-5:00 Fax: 212-230-1425

### BICYCLE TOURS

1 day rides, holiday weekends, April-November  
Quiet country roads. R/V van transfer NYC. Bike  
rentals available. Vacation tours: Costa Rica,  
France, Holland, Louisiana. FREE brochure

**BROOKS COUNTRY CYCLING TOURS**  
(212) 874-6161



## September/October

# RIDES

**Don't forget the NYC CENTURY!**  
**Sept. 7th! 40,75 or 100 miles**  
**See back cover for info.**

**Every Thursday:** Traffic Calming Rides in Prospect Park. Meet at Wollman Rink pkg lot. Organized by T.A. Brooklyn Committee.

**Mon., Sept. 1 Hellgate and the Three Islands.** A scenic tour of Roosevelt, Wards, and Randall's Islands with great views from the Queensboro & Triboro Bridges. 20 miles, mostly flat with a climb onto the QBB. Meet 9:30 AM, Roosevelt Island Tramway, 2nd Avenue at 59th. . 5BBC

**Sun., Sept. 7. NYC Century Bike Tour.** Presented by T.A. Call 212-629-3311.

**Thurs., Sept. 4 Wedge Ride** Fun ride through Village. Meet 7pm at the Cube at Astor Place.

**Sat., Sept. 13 Y'ar Ole Salt.** The fleet's in. This midday departure to Sheepshead Bay gives us a chance to join in a flurry of activity at Brooklyn's Cape Cod. 25 miles (or 15 mi. from Prospect Park), mostly flat with a few rolling hills. Meet 12:45 PM at City Hall steps or 1:30 PM at Prospect Park Picnic House. 5BBC

**Saturday, September 13th** New York Cycle Club's 3rd Annual "Escape from New York" Ride. Choose from a 100 mile trek to Bear Mountain, or 62 and 50 mile routes. Registration is \$25 on the day of the event. Contact the NYCC at (718) 896-6862 or check out their webpage at [www.nycc.org](http://www.nycc.org).

**Sat., Sept. 13 Cow Pie Pedal** Mid-Hudson Bicycle Club Century. 25,62,100,125 miles. Starts LaGrange NY (90 mi north NYC). Fully supported. \$17 entry day-of. 914-227-8515 or [www.mhv.net/~MHBC](http://www.mhv.net/~MHBC).

**Sun., Sept. 14 Ramapo Rally** 20, 30, 50, 62, and 100 mi. route starts at Ringwood, NJ. \$18 (\$16 before 8/22) Contact Bicycle Touring Club of New Jersey at (201) 447-2632 <http://www.studio-27.com/btcnj.htm>.

**Sun., Sept 14. So. Mountain Reservation.** No. Jersey Mountain Bike Club. Leaves 8am. Call for details: 201-291-2332.

**Sat., Sept. 20 Tibetan Trek to Staten Island.** We'll improve our karma by riding the kinder and gentler roads to the Jacques Marchais Center of Tibetan Art. Bring lock, lunch or \$, bike light. 20 mi. w/rolling hills and one difficult hill. Meet 1:15 PM, South Ferry (auto ticket booth for S.I. ferry, Manhattan side). 5BBC

**Sat., Sept. 20 The River Route to Riverdale** Gorgeous river views, parks and an astounding bridge. 30 miles, hilly. Meet 9:30 AM, Plaza Hotel, Fifth Ave. at 59th St. 5BBC

**Sun., Sept. 21 Bronx to White Plains.** Join the T.A. Bronx Committee for a car-free ride of 40 miles along the Bronx River Parkway. Return via Orchard Beach, with swim stop if weather permits. Meet 10 am at Metro North Botanical Garden parking lot. Call Rich G. at 718-653-2203

**Sun., Sept. 21 Discover Long Island Bike Tour.** Presented by Canon and Nassau Cty. Parks. Ride traffic free routes of 15, 25, or

yards south of the bike path) at 6 AM. 5BBC

**Sat., Sept. 27 Ride the CT freedom trail.** Starting at Danbury and North Stonington arriving in Hartford. Riders will be transporting gifts from each town for the Amistad Foundation. Ride with them from the start or en route. Refreshments provided. Call Eloy Toppin at 860-647-5299 days, 242-6697 eve/weekends.

**Sun. Sept. 28 Sunday Solidarity Ride** Join us for a show of cycling power. 59th St. and 5th Avenue to Prospect Park. Meet @ noon.

**Sun., Sept 28. Ringwood State Park.** No. Jersey Mountain Bike Club. Leaves 8am. Call for location and details: 201-291-2332.

**Thurs., Oct. 2 Wedge Ride**, a/k/a The Cube Ride. The once-a-month "mass ride" departs at 7 PM from the cube at Astor Pl.. Contact Times Up at (212) 802- 8222.

**Sunday, October 5** Tour de Bronx. T.A. Bronx Committee and Boro pres office present this annual ride touring the hills and valleys of the Bronx.

**Sun., Oct. 5 Pumpkin Patch Pedal** Rides of 25, 50, 62, and 100 miles starting in central New Jersey (Thompson Park in Jamesburg). \$20 . For a reg. form, send SASE to SIBA, POB 141016, SI, NY 10314 before 9/1. [www.bike.princeton.edu/siba](http://www.bike.princeton.edu/siba).

**Sat., Oct. 11 Brooklyn's Working Waterfront** We'll follow the industrial waterfront from Long Island City and Maspeth all the way to Red Hook and Sunset Park. Bring \$ for lunch. 25 flat miles with some cobblestones and railroad tracks. Meet: Plaza Hotel, 9 AM. (Ride ends at Owl's Head Park.) Call Danny L. (212) 598-4827.)

**Mon., Oct. 13 Columbus Day New Jersey Ramble** Observe the change of seasons with a tour of the Palisades in Bergen County. Exhilarating downhill with some difficult uphill. We'll stop for lunch in Tenafly. 30 miles, hilly. Meet 9 AM at AYH Hostel, Amsterdam Avenue at 103 Street, Manhattan. 5BBC

**Sun., Oct. 26. Mercer County NJ.** No. Jersey Mountain Bike Club. Rides leave at 8am. Call for location and details: 201-291-2332.

**Sunday, November 9** Bronx to Central Park via Queens. 30 mi. Hosted by Bronx Committee. Meet at Metro-North Botanical Garden parking lot at 10 am. Rich: 718-653-2203.

**Thursdays 6:30 Prospect Park Traffic Calming ride.** T.A. Brooklyn Committee. Meet Wollman Rink and park loop.

**Send Rides to:** Catherine Fagan at [71122.124@compuserve.com](mailto:71122.124@compuserve.com).

## RESOURCES

*Bad weather cancels most rides.*

NEW YORK CYCLING CLUB 212-886-4545

STATEN ISLAND BICYCLE ASSOCIATION 718-815-9290

TIMES UP! 212-802-8222

PAUMONOK BICYCLE CLUB 516-842-4699 [www.bicyclelongisland.org](http://www.bicyclelongisland.org)

COALITION OF NEW JERSEY CYCLISTS 609-665-8234

NORTH JERSEY MOUNTAIN BIKE CLUB 201-291-2232

BICYCLE TOURING CLUB OF NORTHERN N.J. 201-284-0404

CLIMB (CONCERNED L.I. MOUNTAIN BICYCLISTS) 516-271-6527

**Five Boro Bicycle Club 212-932-2300 x115**

WE'VE INCLUDED ONLY A SAMPLE OF THE 5BBC'S MANY RIDES,  
SO CALL FOR MORE INFORMATION.

**YOU MUST WEAR A HELMET ON ALL 5BBC RIDES.**

50 miles. Start Nassau Veterans Memorial Coliseum 9 am. Registration \$25, kids \$12. 516-735-3100.

**Sun., Sept. 21 Double Dam.** Cross the Kensico and Croton dams, plus see a cow farm. Wow! We'll do 65 hilly miles at a moderate pace, but there are many bailout points along the way. Bring Metro North pass (in case of bailout) and lunch \$. Meet 9 AM at Woodlawn (last stop on #4 train). 5BBC

**Sun., Sept. 21 Golden Apple** Rides of 25, 50, 75, 100, and 125 miles starting from Katonah Metro North parking lot. \$15 before 9/15; \$20 day of event. Call Country Cycle Club toll-free 1-888-777-8229, [www.mvisibility.com/cc](http://www.mvisibility.com/cc).

**Sat. to Sun., Sept. 20-21. Hudson Valley Inn Trip.** Well OK, it's not really an inn, it's more like a motel. But it is a nice one, very close to the shores of the Delaware River, in the town of Sparrowbush, just north of Port Jervis. Metro North up to Beacon NY. It's 50-55 hilly lovely miles. \$155..details are many. Call. 718-399-2744

**Fri., Sept. 26. Central Park Moonlight Ride** Meets 10pm Columbus Circle. Presented by Times Up! (212) 802-8222

**Sat., Sept. 27 Greenwood Lake Village Century Patch Ride** Challenge yourself with a day in the dramatic scenery of Rockland and Orange counties and northern NJ. 102 very hilly to hilly to rolling miles, with beautiful descents. This is a self-paced patch ride. Meet Fort Lee historic Park (New Jersey side of George Washington bridge, about 100

# LETTERS



## Dear TA:

Some times I get tired. Tired of the pavement, tired of cars, tired of dirty air, tired of hostile acts by people in cars, tired of riding 12 miles to work alone, and tired of thinking how much better things could be. Then I stop riding my bike for awhile. There is nothing like reading a copy of TA magazine to get me back on my bike again. To give me hope.

Guy Johnson  
New York, NY

## Dear NYC DOT:

I am a New York City resident and avid cyclist who does appreciate all the city is doing to become more bike friendly. I recently received a form outlining how private citizens can request sidewalk bicycle parking racks through the CityRacks program. Let me then take this opportunity to address a real safety concern that would be eliminated with a bicycle rack.

I am a member of Crunch Fitness and regularly visit the facility at 1190 Second Avenue, between 58th and 59th streets. There, in spite of an unusually wide sidewalk, one is forced to chain one's bike either to the several trees growing there (a harmful practice for the trees) or to street signs that stand less than two feet away from the curb. It is this second choice that the many cyclists who frequent the gym choose, and by far the more dangerous. The extreme right hand lane along Second Avenue is given over to a high speed lane for buses and taxis and often the cyclist who is concentrating on locking up is unaware of this.

I have brought up with the staff at Crunch and was told they had made several requests to put up a bike rack, but were rejected by the local Community Board. I do not know for certain if this is the case, I just hope that a spirit of cooperation will prevail among all parties concerned so that this dangerous condition is removed.

August Ventura  
New York, NY

## Dear Councilman Miller:

I hope you and the City Council can conceive of ways to encourage more people to use their bicycles, and when it comes to enforcing the traffic laws, go to the root of the problem: the automobiles that dominate the road space. Although bicycles can certainly be hazardous to pedestrians, the fact is that they killed zero people as recently as 1995, while cars killed 230, many in your neighborhood. Yet, according to the 19th Precinct, in the month of July, cyclists received almost 24 times the amount of traffic tickets given to motorists. Something is very wrong with this equation. The police need to focus their resources on speeders, aggressive drivers, and horn-blowers. The police should also enforce double parking regulations and the blocking of bike lanes more rigorously.

I hope you will consider proactive legislation that will make streets safer for all users. Scapegoating cyclists for political purposes and for quick revenue is no solution and will give New Yorkers a false sense that the streets are getting safer when they are not.

Phil Goff  
New York, NY

## Dear Mr. Mayor:

Thanks to the Garth Brooks concert tonight, Central Park was closed to cars this morning. What a joy for me and my morning walk to work across the park. With the cars gone, the joggers and bikes flowed smoothly where usually there are cars and cabs. What does it take to make this the norm? Cars have no place in a park for people. Even a Department of Transportation study shows that traffic flow around Central Park will actually be improved by closing the loop to cars. (see <http://www.panix.com/~danielc/nyc/cpstudy.htm>).

Walking through Strawberry Fields early each morning, the air is fresh—until I get to the loop inside the park where cabs give it the gas going up the hill. There's something wrong with this picture. Please give us some relief!

Richard Dematteis  
New York, NY

## Dear TA:

On page two of the TA newsletter for July/August 1997 the Verrazano-Narrows Bridge is described as being the hemisphere's longest (single span) bridge. Sorry guys, wrong again. The Humber Bridge in Kingston on Hull, England has had that title for quite some time.

Your comment that it also the city's newest bridge is damning with faint praise. It is a sure sign of decay when a great city like New York can't even build a single decent bridge in over thirty years.

Graeme Brichall  
Jersey City, NJ

## To the NYT:

It will be a great day for cyclists when positive developments such as those reported in your article "city has a plan to sweep bicyclists off their feet" (metro news, July 14) are visible from the streets. For now, however, I'm skeptical.

Why has it taken the city four years to install 350 bike racks, and when will we see the other 1,150? A two-mile lane on Hudson street? Last time I checked, there were 20 city blocks to a mile, making the lane about half as long. And if our transportation commissioner is willing to admit that bicycle riders share his planet (if not his city!), where are statistics more recent than 1990? And why did he ban bikes and pedestrians from the Queensboro Bridge during the most popular hours of the day? I agree that the city has great potential for cyclist, but it's a long way from being realized.

Hannah Borgeson  
New York, NY

**Don't Forget!**  
**SUNDAY SOLIDARITY RIDE**  
**9/28/97 Noon at**  
**59th St. and 5th**  
**Avenue at Central**  
**Park. Join us!**

# Street dir ret e t e t

Anyone who may have witnessed a bike "accident" at 7:30 pm on July 7 in Central Park (during car-free hours on a Monday) should contact T.A. with details. The cyclist, who woke up in the hospital with no memory of what happened, ended up with several broken bones on the left side of his body when something happened by the Boat House on the eastern Loop Road. Though the police report stated that no other vehicle was involved, the cyclist learned second-hand that a taxi may have been there. He needs your help, so call T.A.

A visiting cyclist from Germany was mugged at gunpoint on an August Saturday afternoon on the

G.W. Bridge. Two men grabbed the guy as he was riding around one of the towers and pistol-whipped him, splitting his ear and busting his helmet before bolting with his \$3500 mountain bike. According to the cops, this is the first report of aggravated assault on the GWB. Another crime spot: The East River Promenade at 116th Street by the FDR overpass, where there've been several reports this summer of teenage boys slashing cyclists as they ride by. Beware.

On a happier note: An elderly civic-minded Chinese gentleman was spotted sweeping up broken glass from the Brooklyn-side exit of the Brooklyn Bridge. Setting his bike aside, he did the job with pieces of scattered cardboard. Thank you, sir.

Overheard on the Downtown #1 train on a crowded afternoon at Times Square: The conductor said, "Hey, will you please make room for the lady with the bike!" as an old lady with a funky two-wheeler tried to squeeze on.

Happy 60th Birthday to Alan Lowe, producer of "The Bike Show" on Manhattan's public access cable and this city's self-proclaimed oldest working (though his knees are admittedly a bit rusty) bike messenger.

Would TimeWarner Cable spring for a few more orange cones? When asked to help out by placing a few cones around the T-W truck parked smack dab in the 6th Ave. bike lane, the cable guy insisted that the company wouldn't give him enough cones. "And I don't want to get hit!" he said.

Overheard in a van shuttle in northern Manhattan: "I hate these damn bumps," said the driver about two new speed humps on Seaman Ave. next to Inwood Park. "The signs say 20 mph, but I have to slow down to ten!"

Another driver on another day had this to say when a passenger said, "Don't these things drive you crazy?" "Yeah," he said, "but I'm real glad we have 'em. People drive like maniacs here, and there are lots of kids who live and play around here. These get folks to slow down like they should." WOW! Traffic-calming at work!!

—Friend of H.T.

## Classifieds

*Classifieds are free to members, subject to 3-line limit. Members may mail or fax ads to T.A. by October 10 for the November/December issue. Transportation Alternatives, 115 W 30 St, Ste. 1207, NY NY 10001-4010 (fax: 212-629-8334). Ads for bicycles, parts, and accessories only. Not for commercial use.*

**Sale:** No. 1 rated Schwinn Criss Cross 21-speed hybrid. Call Howard after 7pm 212 243 5483. \$100.

**Sale:** Cannondale foldable trailer. Stowaway model-holds two kids, roll bar and seat harness belt for safety; easy quick to hitch to bike. Asking \$200.00. call or fax Howie 516-933-6680

**Sale:** 1997 Mongoose Switchback 22" mtbike. matte silver. Altus/AceraX components. Never ridden. \$299. call Donna 718-789-4069.

**Sale:** Raleigh 50cm road bike.5 yrs old- in good shape. Great feeling steel bike, perfect for city/longer rides. \$200 o.b.o. call Anne 212-499-1558.

**Sale:** Trek frameset and fork. 56cm (22") all Reynolds 531 Tubing. Very good condition. Get a great frame for weekend rides and touring w/o spending a fortune. \$200 o.b.o call Peter 212-316-9095

**Sale:** Raleigh custom Super Record, like new 25", Serfas Nu-gel seat, Sake FX SLP triple crank (arm175), two bottle cages, Aztec break pads, new front & rear rims, xtra pair tired, Mr. Tuffy tube protectors. \$350.00 fax/phone 718-816-0230

**Sale:** Women's Cannondale 8 panel bike shorts. size L. black w/ purple trim.beautiful construction like new. retail value \$60. Selling at \$30 call Sandra 718-547-7074

**Sale:** Klein Team Super 56cm. New-never ridden. Sovereign blue w/ matching Mavic rims. Campy c-record w/ Delta pedals & brakes. Cost \$3730, best offer. Also- Richard Sachs 56cm,exec.,Campy C-record brakes & pedals w/Mavic rims. Cost

\$2,300. best \$ Richard 212-751-8396/eve,212-237-2420/day

**Sale:** Training rollers exc. cond ride indoors complete w/ front stabilizer (prevents those nasty collisions with your apt. walls) & setup instructions. \$100 firm (cost \$200) call Mary 718-784-1907.

**Wanted:** Bicycling partner for 25-30 mile moderate pace (12mph) "scenic" rides in the fall. Rides on Fridays or Saturdays to the Bronx ,Westchester and Connecticut preferable. Weekend jaunt to Vermont also possible.call Sandra or leave detailed message at (718) 547-7074

**Reward:** \$200 reward for the return of red Slingshot bicycle, serial #96-393. Call Lenny 212-254-4586 day; or 212-633-6589 eves.

**Sale:** 1995 Trek 970, 18" frame. Handbuilt, triple butted, internal lug, good 'ole steel tubeset. Slim profile. 1.5 Continental knob-bies. \$500 o.b.o. Page Filippo: 917-793-5063.

**Sale:** 1970's Colnago, 60cm frame, All Campy Nuouo Record, 177.5 cranks, sunshine oilport hubs- state of the art 70's, \$400 o.b.o. 917-793-5063.

**Sale:** 24" triple butted chomolly 4130 lug frame made in Japan for Bike Nashbar Model Toure LP. dark blue. Dia Compe brake levers. Front and back racks. 90mm stem, wide deep TTT handle-bars, Sugino triple crankset. Superbe pedals w/ clips. Blumels English white fenders. 36 DT spoked wheels. Just serviced-ready to go. \$275. Donald: home 908-566-2865 work 800-552-2243.

**Wanted!** Decent apartment (1-2 bdrm) in Carroll Gardens/Cobble Hill/or Slope in Brooklyn. Super responsible couple w/ great refs needs leads. Call Sharon/Clarence at 718-875-8165.

# 8TH ANNUAL



## NYC CENTURY BIKE TOUR

**September 7, 1997**

Sponsored in part by



DON'T FORGET YOUR

**PowerBar ENERGY BARS-**

FOR RIDE DAY!

Stock up at your favorite store or one of the Century's supporting bike shops:

Bicycle Habitat  
Toga Bike Shop  
Different Spokes  
Larry & Jeff's  
Bicycle Barn

Try some **PowerGel** too!

## Top Ten Reasons to Do the NYC Century

10. It's far more entertaining than reading the *NYTimes* in bed. Again.
9. We finally redesigned the t-shirt.
8. It's really about time you saw the other boroughs.
7. See Madonna's Riverdale mansion. (Or is it Seinfeld's?)
6. Check out cute people in spandex.
5. Impress your friends who can barely drive 100 miles.
4. It's the Great NYPD Bike Cop Guided Tour.
3. Bagels and PowerBars and Bananas, oh my!
2. Partake in an urban adventure.
1. Bike for Better Biking!

**Ride 40, 75 or the full 100 miles with  
your friends & fellow cyclists.**

As always, T.A. members get a discount.  
Pick up a registration form at local bike shops,  
or get one faxed back from 212 629 3311,  
or check [www.transalt.org](http://www.transalt.org).  
\$35 til Sept.6/\$40 day of

Transportation Alternatives  
115 W. 30th St Ste 1207  
New York NY 10001-4010

Forwarding and address  
correction requested

Non-Profit Org  
US Postage Paid  
New York, NY  
Permit No. 1098



# Win a FREE City Bike!

## CHOOSE A T.A. THREE YEAR MEMBERSHIP AND SAVE YOUR- SELF:

- ☛ having to renew each year
- ☛ \$5 immediately
- ☛ the effort and paper when you send in a check every 12 months
- ☛ more \$\$\$\$ as membership rates rise

Most important of all, your money will go a lot further for cycling advocacy and green transportation because we will spend less time and money chasing you with renewal reminders.

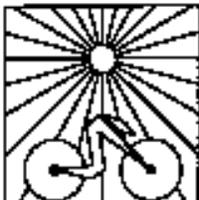


Sign-up for a 3 year membership before October 1, 1997 and your name will go in the drawing for a free city bike of your choice from Recycle-A-Bicycle

Join NOW and help yourself and T.A.! Please use the postage-paid reply envelope included in this issue.

Even if your membership doesn't expire soon, you can get in on this deal! You will be renewed for three years beyond your current renewal date.





Open 7 Days  
Prompt Service  
Expert Repairs

**A New Gen**  
bicycles

*We've Flit  
Ourselves On  
The Map!*

(212) 757-2418, 757-2419, 757-2195 (fax)  
137 9th Avenue, New York, New York 10022, Between 54th & 55th St.

**CYCLING ACCIDENT CLAIMS**  
Legal Counsel, Representation and Litigation

"Twenty years of cycling experience has taught me the likely  
causes of the injuries caused by road machines."

My office represents fellow cyclists who have been injured by  
careless motorists . . . There is no charge in securing your legal  
rights in any situation where you have suffered injury or damage.  
A fee is charged when professional assistance is obtained from the  
attorney's personal liability.

For further information and complimentary consultation contact:

**Stephen L. Sklar, Esq.**  
(212) 629-8910